



We have great news if you want to avoid the flu!

This year at all Benefit Fair locations free flu shots will be available on a first-come, first-serve basis to KEHP members. See the Benefit Fair calendar for the location closest to you!

Free Healthy Heart Cholesterol Screenings



Over 2,000 of you took advantage of the free screenings offered last year. This year we are making it even easier by offering the screenings at additional Benefit Fair locations. The screenings are completely confidential - no information is shared.

Healthy heart screening:

- Non-fasting
- Finger prick
- Cholesterol
- Diabetes
- Blood pressure
- Body Fat
- BMI
- 15 minutes

Register online at:

<http://tinyurl.com/coky-kehps>

Locations with Screenings:

Jefferson Co	Oct. 4, 2010
Franklin Co	Oct. 11, 2010
Fayette Co	Oct. 13, 2010
Pulaski Co	Oct. 14, 2010
McCracken Co	Oct. 19, 2010
Daviess Co	Oct. 20, 2010
Warren Co	Oct. 21, 2010

Free screenings will be provided to KEHP members. Waivers may use their Humana Access Card to cover the \$35 fee for the screenings and/or the \$25 fee for the flu shot.